

Almost Heaven Retreats 2024



If you haven't already scheduled your Almost Heaven Retreat this year, now is the time. The retreat house is open with continuing COVID-19 protocols in place so that you can relax and enjoy this time away with God.



Almost Heaven Silent Directed Retreat

Choose from doing a 1-day to 30-day retreat
Typical durations are 2-, 3-, 5- or 8-days.

Once again in 2024, you have the freedom to choose the Almost Heaven Retreat that is right for you. In addition to choosing the retreat length that is best for you, how you make your retreat offers flexibility as well. You can:

- Stay at the WVIS Retreat House (private room and shared bath)
- Stay at the Hermitage (private space and private bath)
- Stay at home (or anywhere else) and do your retreat via Zoom

For those who wish to stay at the Retreat House, you can be assured that we maintain all Covid-19 protocols to ensure the comfort and safety of our guests. Visit our website and learn more at wvis.org.

What to Expect

WVIS' Almost Heaven Retreats are silent directed retreats. That means that you have a spiritual director who walks with you on your journey through these days. If you already have a spiritual director, they are welcome to join you onsite during the time of your retreat or meet with you via Zoom. If you do not already have a spiritual director, one will be assigned to you for your retreat.

You are invited to develop a rhythm for each day of your retreat that will include prayer time (with scriptures assigned), exercise, rest, mealtime, and two 30-minute spiritual direction sessions each day. Your spiritual director will walk you through a typical time of prayer and different ways you might enter into the scripture.

Whether you are staying in the Retreat House or in the Hermitage, WVIS is committed to providing you with the care and attention that will allow you to spend this time with God. All meals and materials (except your journal) are included and we work with you to accommodate a variety of dietary needs so that you have what you need.

West Virginia Institute for Spirituality

Located a block from the State Capitol

Conveniently located less than 10 minutes from the Charleston airport.

1601 Virginia St. E
Charleston, WV 25311



Still Have Questions

Please reach out to Sister Carole Riley, CPD, Ph.D., the Executive Director of WVIS. She will be happy to answer any questions you may have including sharing additional information about Zoom options. And, if you desire, she can help you discern the retreat length that might be right for you at this time.

You can call WVIS at 304-345-0926 or email Sister Carole at wviscr@aol.com